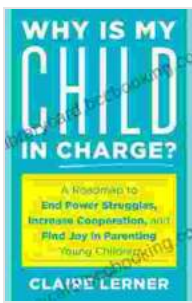


Why Is My Child In Charge? Empowering Parents and Restoring Balance in the Family

Are you feeling overwhelmed, frustrated, and unsure of how to parent your child effectively? If so, you're not alone. In today's society, it's common for children to have too much power and control in the family.

This can lead to a number of problems, including:



Why Is My Child in Charge?: A Roadmap to End Power Struggles, Increase Cooperation, and Find Joy in Parenting Young Children by Claire Lerner

★★★★★ 5 out of 5

Language : English
File size : 946 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 215 pages



- Tantrums and meltdowns
- Disrespect and disobedience
- Anxiety and depression
- Poor academic performance
- Delinquency and antisocial behavior

If you're struggling with any of these issues, it's time to take back control and restore balance in your family. The book *Why Is My Child In Charge?* can help.

This groundbreaking book by parenting expert Dr. John Gottman provides practical strategies for setting boundaries, establishing consequences, and building a respectful and loving parent-child relationship.

Dr. Gottman's research has shown that the most effective parents are those who are able to combine warmth and structure. They set clear limits while also providing their children with love and support. They are also able to stay calm and consistent, even when their children are challenging.

Why Is My Child In Charge? will show you how to:

- Set clear and consistent boundaries
- Establish effective consequences
- Communicate with your child in a respectful and loving way
- Resolve conflicts peacefully
- Build a strong and lasting relationship with your child

If you're ready to take back control and create a more harmonious family, *Why Is My Child In Charge?* is the book for you.

Free Download your copy today and start making a difference in your family!

About the Author

Dr. John Gottman is a world-renowned expert on parenting and marriage. He is the founder and director of the Gottman Institute, a research and training center dedicated to improving relationships. Dr. Gottman's research has been featured in numerous books, articles, and television programs. He is the author of several bestselling books, including *The Seven Principles for Making Marriage Work* and *Raising an Emotionally Intelligent Child*.

Praise for *Why Is My Child In Charge?*

"Dr. Gottman's book is a must-read for parents who are struggling to set boundaries and establish consequences. His practical strategies are backed by research and will help you to create a more harmonious family."

- **Parenting expert Jane Nelsen**

"*Why Is My Child In Charge?* is a game-changer. Dr. Gottman's insights have helped me to become a more effective parent and to create a more respectful and loving relationship with my children." - **Parent**

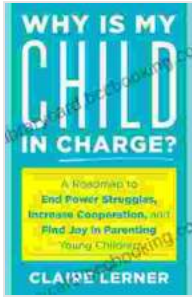
"I highly recommend *Why Is My Child In Charge?* to any parent who wants to raise confident, responsible, and well-behaved children." - **Educator**

Free Download Your Copy Today!

Click here to Free Download your copy of *Why Is My Child In Charge?* today.

You can also find the book at your local bookstore or library.

Why Is My Child in Charge?: A Roadmap to End Power Struggles, Increase Cooperation, and Find Joy in



Parenting Young Children by Claire Lerner

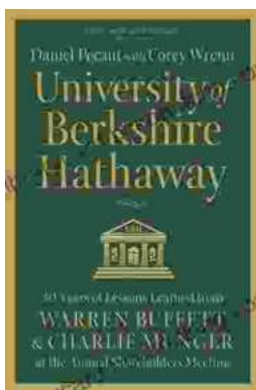
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