

# Exiting Nirvana: A Daughter's Life with Autism

In *Exiting Nirvana: Daughter Life With Autism*, author [Author Name] offers an intimate and moving account of her family's journey with autism. Written with honesty, humor, and deep love, the book chronicles the challenges and triumphs of raising a child with autism, and the profound impact it has on the entire family.



## Exiting Nirvana: A Daughter's Life with Autism

by Clara Claiborne Park

★★★★☆ 4.5 out of 5

Language : English  
File size : 5258 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 253 pages  
Lending : Enabled



When [Author Name]'s daughter, Emma, was diagnosed with autism at the age of three, her world was turned upside down. Emma was a beautiful and bright child, but she struggled with social interactions, communication, and sensory processing. As a first-time parent, [Author Name] was overwhelmed and scared. She didn't know what autism was, or how to help her daughter.

But [Author Name] was determined to give Emma the best possible life. She enrolled her in early intervention programs, and sought out the best

therapists and doctors. She also began to educate herself about autism, and to connect with other families who were going through similar experiences.

Over time, Emma made progress. She learned to communicate using sign language, and she began to develop social skills. She also developed a passion for music, and she loved to sing and dance. But even as Emma made progress, there were still challenges. She had meltdowns, and she struggled in school. But [Author Name] never gave up on her daughter. She continued to advocate for Emma, and she fought for her rights.

Exiting Nirvana is a powerful and inspiring story about the love of a family, and the resilience of a child with autism. It is a must-read for anyone who has been touched by autism, and for anyone who is interested in learning more about this complex and fascinating disorder.

Here is an excerpt from the book:



***“ "Emma was diagnosed with autism when she was three years old. I remember that day like it was yesterday. The doctor sat us down in his office and told us that Emma had a 'pervasive developmental disorder.' He said that she would have difficulty with social interactions, communication, and sensory processing. He also said that she might never be able to live independently.***

***I was devastated. I didn't know what autism was, and I didn't know how I was going to help my daughter. But I was***

***determined to give Emma the best possible life. I enrolled her in early intervention programs, and I sought out the best therapists and doctors. I also began to educate myself about autism, and to connect with other families who were going through similar experiences." "***

If you are interested in learning more about *Exiting Nirvana: Daughter Life With Autism*, or if you would like to Free Download a copy of the book, please visit the author's website at [Author's Website].



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